



# **FVSRRA**

**Fox Valley Special  
Recreation Association**

Participant Program Guide

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Last Updated: 2.24.22

# Participant/Guardian Guide

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## Guidance Used in Decision Making

Fox Valley Special Recreation Association is committed to the health and safety of all stakeholders; employees, guardians, community members, and participants. In order to best prevent the spread of COVID-19 in our workplace and within agency programs the following procedures have been updated utilizing the most recent information from local and federal health organizations. Using the guidelines set forth by the Center for Disease Control (CDC), Illinois Department of Public Health (IDPH, and local county health officials, FVSRA developed a risk analysis tool for use in evaluating in-person programming.

## FVSRA Programs by Phase

Below is the current plan of our response to COVID-19 as of **February 28, 2022**.

Category	Definition
Programs	Virtual and In-Person. Participants must meet Participant Requirements with or without reasonable accommodation.
Face Coverings	<b>Indoor:</b> Optional unless required by establishment. <b>Outdoor:</b> Optional. <b>Outdoor Athletics:</b> Optional. <b>Transportation:</b> Optional unless required by establishment.
Physical Distancing	<b>Indoor:</b> No physical distancing limitations, unless required by establishment. <b>Outdoor:</b> No physical distancing limitations. <b>Transportation:</b> No physical distancing limitations.
Physical/Behavior Support	Participants are expected to meet eligibility requirements with or without reasonable accommodation.
Contact Tracing	See Flow Chart at the end of Guide

As FVSRA has consistently done throughout the COVID-19 pandemic, future mitigation guideline information will be carefully reviewed and interpreted, and we will adjust as part of our commitment to ensuring safe programming. If deemed necessary, FVSRA may implement additional safety measures such as, but not limited to, masking and physical distancing requirements, update essential eligibility, limit program and transportation capacity, redefine the scope of staff support.

# Participant Requirements

## Participant Eligibility

All participants, patrons, and spectators are expected to exhibit behavior that is consistent with our **Code of Conduct**. The following guidelines have been developed to help make programs safe and enjoyable for all. Additional rules may be developed for specific programs as deemed necessary by staff.

### In-Person Programs:

- Show respect to all participants, staff, volunteers, and patrons.
- Listen to and comply with staff direction and program rules, including staying within program boundaries.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from threatening or causing bodily harm to self, other participants, patrons, or staff.
- Show respect for equipment, supplies, and facilities.
- Not possess any weapons, illegal substances, or alcohol.
- Not be under the influence of alcohol or drugs which would impair the ability to safely participate in the program.

### Virtual Programs:

- Show respect to all participants and staff. Threats and bullying of any form will not be tolerated.
- Listen to and comply with staff directions.
- Refrain from using foul language or other offensive behavior such as rude or inappropriate gestures or sexually explicit language.
- Not be under the influence of alcohol or drugs which would impair the ability to safely participate in the program.
- Remain fully clothed at all times.
- Audio or video recording by participants of our virtual programs is strictly prohibited.
- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- If inappropriate behavior continues to occur, staff will discontinue participation immediately. Staff will follow up with the parent/caregiver at the conclusion of the program by phone to discuss future eligibility. Note: FVSRA reserves the right to resort to immediate dismissal depending on the nature of the incident.

## Participant and Staff Health Screening Protocols

All participants, staff and volunteers are required to complete their own personal health assessment before attending any shift. FVSRA will not record or request proofs of this, but by attending/working a program, participants, staff and volunteers are confirming they can answer “no” to the following questions for new or unexpected symptoms. If anyone answers “yes” to any of these questions, they may not be allowed to attend until cleared by a medical professional **or are 24 hours symptom free without the support of medication.**

- **Do you have a fever of 100.4 Fahrenheit or higher?**
- **Do you have a cough or sore throat?**
- **Have you been experiencing difficulty breathing or shortness of breath?**
- **Do you have muscle aches?**
- **Have you had a headache (e.g. not typical to the individual)?**
- **Have you noticed a loss of taste or loss of smell?**
- **Have you been experiencing chills or rigors (i.e. sudden feeling of cold with shivering accompanied by a rise in temperature)?**
- **Do you have any gastrointestinal concerns (e.g. abdominal pain, vomiting, diarrhea)?**
- **Have you tested positive for COVID-19 in the last 14 days?**
- **To the best of your knowledge, in the last 14 days, have you, or someone in your household, come into close contact with anyone who has tested positive for or been diagnosed with COVID-19? (For those who are not fully vaccinated only)**

If the individual displays two or more of the above symptoms, FVSRA must take precautions as if the individual has COVID-19. If the individual has illness such as allergies or other non-contagious conditions that may appear similar to a contagious illness, a note from a medical professional may be required prior to participation or 24 hours symptom-free without the support of medication. FVSRA has the right to refuse any individual who appears to have any of the above symptoms from programs or work.

## Face Coverings

When face coverings are required, staff and participants must provide their own face covering. Staff may assist participants with securing a face covering as needed. Each program and situation will be assessed separately, and staff will indicate when face coverings may safely be removed. For most FVSRA programs, face coverings will be encouraged but not required.

Cloth face coverings should: 1) Fit snugly but comfortably around the face; 2) Be secured with ties or ear loops; 3) Include multiple layers of fabric preferred; 4) Allow for breathing without restriction; and 5) Be clean. Disposable face coverings should not be worn more than one time. Fabric face coverings should be laundered regularly and not be re-used when attending programs without being cleaned. If staff or volunteers are provided another form of face covering, follow recommendations for said covering.

FVSRA will have additional single use face coverings for participants, staff or volunteers to wear in the event theirs becomes soiled, breaks, or does not appear to be properly fitting.

## Physical and Verbal Reminders of Distancing and Mask Usage

FVSRA staff will provide frequent verbal reminders for physical distancing and mask usage and as needed throughout the program. When possible, physical, and visual reminders will be used as well. Examples include: changing the location of equipment and furniture to allow for distancing, taping areas/markers on the floor, creating physical barriers, and displaying signage with reminders/expectations.

Guardians can expect on going communication from staff if there are concerns with participants meeting physical distance and mask usage requirements. Participation may need to be temporarily suspended if distancing or mask usage cannot be followed. Please direct any questions, concerns, or requests for accommodations to Jackie Salemi, Superintendent of Recreation at JackieS@FVSRA.org.

## **Post Exposure**

If someone involved in the program has tested positive for COVID-19, FVSRA will follow guidelines from local health officials. Guardians, participants and staff will be notified if they may have been exposed. In order to maintain confidentiality, the name of the individual will not be released.

There will be many factors taken into consideration for next steps to determine whether the program needs to be suspended for mitigation. These may include, timeline of confirmed case, time lapse since the individual was last at the program location, type of program location, re-evaluation of program risk-assessment, etc. FVSRA Administration will communicate program updates when available. The safety of participants and staff is our top priority.

FVSRA will follow the following criteria flow chart based on exposure to determine when a participant may return to in-person programs.

# Return to FVSR Following a COVID-19 Related Absence (12/29/2021)

<p><b>Isolation Time</b> (Individuals who are diagnosed with COVID, test positive for COVID or have COVID symptoms.)</p>	<p>If positive for COVID-19</p> <p>Everyone:</p> <ul style="list-style-type: none"> <li>• Isolate at home for five (5) days.</li> <li>• If you have no symptoms or symptoms are resolving after five (5) days, end isolation.</li> <li>• Continue to wear a mask around others for five (5) additional days.</li> <li>• If you have a fever, continue to isolate at home until your fever resolves.</li> </ul>	<p>Individual exhibits one or more symptoms of COVID-19, BUT is not suspected of having COVID-19</p>
<p><b>Quarantine Time</b> (Individuals who have been exposed to COVID or had close contact with someone diagnosed with, having tested positive for, or is suspected of having COVID)</p>	<p>When Exposed to Someone with COVID-19</p> <p>If you (1) completed the primary series of Pfizer or Moderna vaccine over six (6) months ago and are not boosted, or (2) completed the primary series of J&amp;J over two (2) months ago and are not boosted, or (3) are unvaccinated:</p> <ul style="list-style-type: none"> <li>• Quarantine at home for five (5) days.</li> <li>• Continue to wear a mask around others for five (5) additional days.</li> <li>• Test on day five (5) if possible.</li> <li>• If you develop symptoms, test and follow the isolation guidance.</li> </ul> <p>If you are (1) boosted, or (2) completed the primary series of Pfizer or Moderna vaccine within the last six (6) months, or (3) completed the primary series of J&amp;J vaccine within the last two (2) months:</p> <ul style="list-style-type: none"> <li>• Wear a mask around others for 10 days.</li> <li>• Test on day five (5) if possible.</li> </ul>	

Assumptions: The day symptoms start, or positive test is day 0. Fever free is 24 hours without fever reducing medicine.