

# Overnight Trip Criteria



## **Essential Eligibility Requirements:**

For all FVSRA overnight trips, participants are required to meet the essential eligibility requirements. Participants enrolled in an overnight must be able to comply with the following expectations:

- Carry out daily routines (toileting, personal hygiene, feeding and dressing) independently with minimal guidance from staff.
- Participate in all planned activities relevant to the trip.
- Demonstrate flexibility and coping strategies with changes in schedules/situations with minimal staff support.
- Respectfully share close living quarters with participants and staff.
- Demonstrate appropriate social skills and peer interactions.
- Function independent of staff assistance for various amounts of time intermittently throughout the trip. Examples include, but are not limited to, sleep, personal care/hygiene time and down time.

FVSRA will use the following information to determine eligibility. If at any point it is determined the participant cannot meet the essential requirements, eligibility may be re-evaluated.

## **Pre-Trip Assessment:**

A Pre-Trip Assessment is required for all overnight trips, including Special Olympics. This is to ensure that all participants' needs are met, provide necessary accommodations, and to assist in participant eligibility/appropriateness for each trip. Following the initial assessment, participants will be re-evaluated after 15 months, unless otherwise determined by FVSRA.

## **Post-Trip Assessment Forms:**

Following all overnight trips, a Post-Trip Assessment Form is completed by the program leader. This assessment covers the following: communication/social interaction, travel (ex. travel arrangements, schedule changes, ability to withstand the duration of the trip, etc.) activity participation, hygiene/daily living skills, sleeping and overall behavior. If essential eligibility requirements are not met, re-evaluation will be required.

## **Program Participation:**

Independence in participation of FVSRA general programs, special events, Special Olympics, etc. will be assessed.

## **Trip Duration Eligibility:**

1-2 Night Overnight	Completion and approval of FVSRA's annual Pre-trip Assessment
3-6 Night Overnight	Completion and approval of FVSRA's annual Pre-trip Assessment and Previous Participation in a 1-2 night overnight trip within the past 15 months