



**Program Advisory Committee (PAC) Agenda**  
**September 19, 2009**  
**10:00 am**  
**FVSRA Office**

**I. Welcome Back/Introductions**

There were 7 PAC Parent/Professional Members, 16 FVSRA Staff which included 2 interns, and 1 representative from Edgewood Clinical Services present.

**II. Edgewood Clinical Services,**

- **LLC-Adam Russo, LCSW, C-ACYFSW, Executive Director**
- **DeAnn Johnston, LCSW, Clinical Therapist**

Over the Summer Edgewood Clinical Services came to FVSRA to collaborate with training opportunities, parent groups, and sibling support groups. Edgewood Clinical Services is a specialized provider of quality counseling services for children, adolescents, couples, and families. Edgewood specializes in Behavior Management, social skills groups, OCD characteristic, as well as dual diagnosis.

**III. School District Visits – Carolyn Nagle**

FVSRA's Executive Director, Carolyn Nagle is looking for parents/tax payers to go with her to speak to our community's school districts. As directed by FVSRA's Board of Directors, FVSRA is wanting to thank districts for allowing us to utilize some of their space, as well as, go into other districts that haven't given up space to ask them for space.

**IV. Brochure Feedback: Gearing up for New Series**

A discussion was held regarding the most recent brochure series. FVSRA introduced a new series in the Winter/Spring 2009 brochure and followed that series for an entire year. Feed back was given regarding what parent's liked and disliked. Below is some of the examples given: No yellow print, Wanting Table of Contents back, Wanting the calendar back, They like the age groups, They like reminder boxes, They like photo layout, They like contact names written out on the bottom of the age areas, Would like Sports and Special Olympics listed out in Age groups, Would like to see more "Parents are encourage to attend" programs.

- We are always looking for more photos. Parents please email participant pictures to [martar@fvsra.org](mailto:martar@fvsra.org)

**V. FVSRA Programs and Services: Winter Spring Programming Ideas**

FVSRA is preparing for Winter Spring Programming and asked PAC members for feedback on what they are looking for in the upcoming season. Below is some of the suggestions given: Would like to S.O. ice skating, snowshoeing, skiing (downhill & cross country). Would like Swim Skills and drills back, as well as

Group Swim Lessons, Would like Junior Fitness League year round, Would like cooking at the children's level, Would like more museum trips (Naperville Settlement), would like more basic gym skill programs (kickball, volleyball, 4 square, etc.) to eventually play on organized recreation leagues, Would like Mad Scientist back, Would like a collaboration with Airtastics, Would like a prep for camp program, Would like scrapbooking/photography program.

- FVSRA always wants to know if there is a program you are looking for and is not listed please email us, so we can use those ideas when going into our program planning meetings.

## **VI. Meetings with A.I.D. this summer!**

Throughout the summer FVSRA & A.I.D have continued to meet the 1<sup>st</sup> Tuesday of every month

### **▪ Recreation to the Rescue Adult Day Program**

At the July meeting with AID, the discussion was centered around the state budget cuts. Due to AID losing many positions and services, FVSRA asked what we could do to help. From that discussion the Recreation to the Rescue Day program was formed. It was a trial program to aid the participants that were directly affected by the state budget cuts. The program ran the course of 8 weeks and was housed here at the FVSRA offices. The future of a collaborative day program is still in discussion.

### **▪ Joint Training Opportunities**

AID and FVSRA have discussed dual training opportunities with which both agencies and staff would benefit. Trainings discussed would be from the Illinois Autism Training and Technical Assistance Project as well as from Edgewood Clinical Services.

### **▪ Resource Sharing**

## **VII. Fall 2009 Goals: Identifying Unmet Needs/Autism**

Due to FVSRA strategic plan we are looking at needs parents/families have who have a child with Autism. Initial concerns that were brought up from the group consisted of: Elementary into Junior High Transitions (the social skill base), Transitioning from High School to the Work World.

## **VIII. Events**

- **Wine Tasting and Silent Auction – Saturday, September 19<sup>th</sup> @ 7pm**
- **Annual Awards and Recognition Banquet – Friday, September 25, 2009**

## **IX. Questions, Comments and/or Concerns?**

### **Next Meeting: Wednesday, October 21, 2009 10am & 6pm**

- Focus – Autism
- School District Tours
- FVSRA store