

IMPORTANT! KEEP THIS ALL SEASON!



Parent Tot Swim

This class introduces infants and children to the water in a group setting with the support of a parent. Each child will pursue individual goals and benefit from several components of the warm water. All children must be accompanied in the water by an adult at all times. **The goals of this program are to provide parents with basic handling skills to work with their children in the water, as well as allow children the opportunities for water exploration, exercise and fun.**

Program Leader	Mary Kay Bakken
Program Liaison:	Alex Redenius alexr@fvsra.org
Location:	VAC Therapy Pool
Date(s):	Fridays, Feb 10-May 11
No Program Dates	Mar 30, Apr 6
Time:	5:30pm-6:15pm
Program Code:	312-1015-0-1

Notes:

- Please be dressed and ready to get in the pool at the start of the program.
- Participants must be accompanied by a parent/guardian.

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