

**\*IMPORTANT! KEEP THIS ALL SEASON!\***



## Music Lessons: Session Two

Music lessons provide a non-threatening environment for self-expression. Methods used will include piano and keyboards, drums, guitar, recorded music and art. **The goals of this program are to enhance cognitive awareness, improve fine motor skills, increase social and individual functioning and build self-confidence.**

<b>Program Leader:</b>	Laurie Schaefer
<b>Program Liaison:</b>	Alex Redenius alexr@fvsra.org
<b>Location:</b>	FVSRA Music Room
<b>Date(s):</b>	Fridays, Feb 10-Apr 27
<b>No Program Dates</b>	Mar 30, Apr 6
<b>Time:</b>	3:00pm-6:00pm
<b>Program Code:</b>	312-7002-2-5

### Notes:

- Lessons for those 3-5 years will focus on music exploration not a specific instrument lesson.
- Please call Alex Redenius at the FVSRA office (630.907.1114) at 8:30am on Thursday, January 26<sup>th</sup>, 2012 to schedule your specific time.
- This is the only way to secure a time slot for personal training.
- Music Lessons will be scheduled in 30 minute intervals on a first-come, first-served basis.
- If a participant is unable to attend a session for any reason, that session will not be rescheduled or refunded.
- See page 31 in the FVSRA Winter/Spring 2012 Brochure for more information.

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